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interviews showed that most participants valued negotiation/mediation and compulsory conferencing and some valued facilitations. Notably, nearly all planning participants observed that much of the public do not understand the planning system and this fact may lead to an escalation of conflict. We suggest that technology, via a planning app, has the potential to assist the public to better understand the planning system which can help them in engaging with alternative dispute resolution.	115
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Modern theories of negotiation and mediation consistently endorse a "principled" or "interest-based" approach to bargaining which focuses upon the underlying needs and desires of one's counterparty. Such approaches are assumed to operate in contradistinction to "game theoretic" strategies, which often aim to optimise one's own utility. This article suggests that interest-based negotiation and game-theoretic strategies can complement each other – improving parties' outcomes in negotiation and dispute resolution more generally. Game theory exercises can reinforce the importance of trust, collaboration and analysing alternative solutions. Such learnings are essential to maximising outcomes in negotiations. Consequently, Alternative Dispute Resolution professionals should consider adding game theory learnings into their repertoire in order to improve interest-based outcomes	124
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